

# THE PALMS RESTAURANT & BAR

Monday to Friday 5:30pm to 9pm

Last dinner orders taken at 8.30pm | Closed on Public Holidays

## Menu

### ASIAN STIR FRY

Fried rice \$6 extra

Hokkien Noodles with Chicken and vegetables	\$20
Honey Chicken with honey lemon sauce and steamed rice	\$22
Stir Fry Chicken and Vegetables with cashew nuts and steamed rice	\$22
Stir Fry Beef and Vegetables with black bean sauce and steamed rice	\$22
Stir Fry King Prawns with vegetables in a garlic chilli sauce and steamed rice	\$27
Mixed Vegetables with Oyster Sauce and steamed rice (V)	\$17
Panang Curry with Chicken Creamy Thai curry served with chicken and steamed rice	\$20
Panang Curry with Seafood Creamy Thai curry served with mixed seafood and steamed rice	\$26
Panang Curry with Vegetables Creamy Thai curry served with mixed vegetables and steamed rice (V)	\$17

**V** = Vegetarian   **VG** = Vegan

**GF** = Gluten Free

### SIDES

Garlic Bread (V)	\$6
Cheesy Garlic Bread (V)	\$10
Bowl of Chips (V)	\$8
Bowl of Steamed Vegetables (V, VG, GF)	\$8

### STARTERS

Vegetable Spring Rolls (4) with sweet chilli sauce (V)	\$12
Fried Dim Sims (4) with sweet chilli sauce	\$12
Mixed Starters Fried Dim Sims (2), Spring Rolls (2), Prawn Cutlets (2) with sweet chilli sauce	\$16

### FRIED RICE

Vegetable Fried Rice (V)	\$16
Chicken Fried Rice	\$20
Combination Fried Rice	\$22

### SALADS

Salt and pepper squid salad with chips	\$22
Grilled chicken Greek style salad	\$24
Grilled king prawn Greek style salad	\$28
Warm Thai beef salad with chilli & lemon dressing	\$24

All prices are inclusive of a 10% discount for guests staying with Ryde Inn.

# Menu

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## FROM THE GRILL

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Served with your choice of chips & vegetables  
or salad & chips

Mixed Seafood Grill (GF) Salmon, barramundi & large local prawns	\$36
Rump Steak (300g) served with plain or mushroom cream sauce or peppercorn sauce (GF)	\$35
Grilled Chicken Breast served with garlic prawns (GF)	\$30
Grilled Salmon fillet served with Béarnaise sauce	\$33
Grilled Barramundi served with lemon and tartare sauce (GF)	\$27
Grilled Lamb Cutlets (3) served with mint jelly and gravy	\$33

## TRADITIONAL FAVOURITES

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Served with salad & chips

Seafood Basket Prawn cutlets, battered fish and salt and pepper squid	\$36
Chicken Schnitzel served with gravy	\$25
Chicken Parmigiana Chicken breast schnitzel topped with ham, eggplant, sauce and melted cheese	\$29
Fish & Chips Lightly battered fish served with lemon and tartare sauce	\$25
Chicken Nuggets with tomato or barbeque sauce	\$14

## PASTA

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Penne or Fettuccine

Bacon and Mushroom Pasta in a tomato sauce	\$25
Chicken and Mushroom Pasta in a creamy sauce	\$25
Local Large King Prawn (7) Pasta in a garlic, chilli tomato cream sauce	\$30
Vegetarian Pasta in a Napolitano sauce (V)	\$16

## GOURMET SANDWICHES

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Served with chips

Grilled chicken breast with lettuce, tomato, bacon and mayo sauce served on Turkish bread	\$20
Grilled steak fillet with lettuce, tomato, onion, cheese and BBQ sauce	\$20

## DESSERT

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Served with Ice Cream

New York Cheesecake	\$12
Chocolate Mud Cake	\$12
Sticky Date Pudding	\$12